



# The Auxiliary Spirit

THE AMERICAN LEGION FAMILY



Volume 28

August 2014

Issue 1



American Legion Auxiliary  
2014-2015  
Department President  
Paula Booth



**Upward and Onward  
For Veterans**

A warm "Hello" to you all!

I want to say a heartfelt "Thank You!" for entrusting me with the awesome task of serving as your Department President 2014-2015. I ask you for your support and prayers through the coming year.

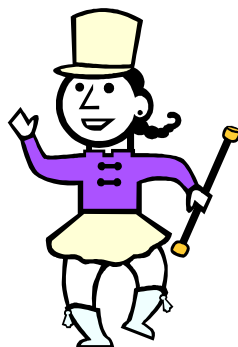
We will be "Upward and Onward for Veterans"—upward in our membership goal and onward in our service. My symbol is the Bald Eagle. My flower and color is Purple Medley (any shade of purple). Our membership theme is "Welcoming our Members" as symbolized by the Statue of Liberty and all members will be "Grateful Hearts". Details will be shared during the Fall Membership Workshop in Bridgeport, WV, on September 13, 2014. The Membership Team will encourage us on throughout the year, providing membership building information intermingled with tips on having fun while we volunteer for our Veterans.

The Fall Membership Workshop will provide instruction for all members, no matter how long you have been a member. We will learn about our new 2014-2015 Centennial Strategic Plan and the Million Member March. The popular purse auction will be continued.

My Homecoming will be held at Elkins Post 29 on October 25, 2014.

Special thanks to Shinnston Unit 31 for their help with my Installation!

Paula Booth  
Department President  
"Leader of The Grateful Hearts Band"



## Department Officers 2014-2015

President—Paula Booth  
1st Vice President—Susan Wade  
2nd Vice President—Tammy Workman  
Sec/Treas.—Paulette Anderson  
Chaplain—Ramona Westfall  
Historian—Rhonda Best

## District Presidents 2014-2015

1st District—Donna Leek  
3rd District—Connie Bailey  
4th District—Nancy Sundstrom  
5th District—Beth Kilgore  
6th District—Peggy Swartz  
8th District—Mary Bess  
9th District—Marion Gregory  
10th District—Lisa Turner

## District Vice Presidents 2014-2015

1st District—Marlene Stansberry  
3rd District—Carla Wilfong  
4th District—Cathy Post  
5th District—JoAnn Hastings  
6th District—Rita Alley  
8th District—Rose Reese  
9th District—Jeanie Phares  
10th District—Sharon Glassford

## Remember Our Friends

*Geroge Glassford, husband of PDP Sharon Glassford passed away Friday morning July 18th. George was a member of Jackson-Perks Post #71. Cards may be sent to:*

*Sharon Glassford and Family  
PO Box 87*

*Charles Town WV 25414*

*Debbie Morgan, PDH, and current Unit President of Pine Grove Unit #81 lost one of her grandsons' in a fire. The other grandson is in Pittsburgh hospital in the Burn Unit, undergoing surgeries. Cards may be sent to Debbie at:*

*Debbie Morgan  
102 Valley Manor Ln  
Pine Grove WV 26419*

*Keep Sharon and Debbie in your thoughts and prayers.*



# Department Headquarters — 'Ticket Taker'



**Mandatory Funds** are Bonding, Department Scholarship, Girls State Project, Veterans 1st Fund, Poppy Order & 10% Poppy Proceeds. Make check payable to Department Treasurer, ALA. **DUE into Department July 31st to be a Unit in good standing.**

**Processing Membership:**

Make sure your membership is into Department Headquarters by the **15th** to be counted for Targets.

**Membership:**

All applications must have signature of a **Post Officer** and if they are a **Junior member a Birthdate**. **Unit Membership Chairman** should check each application to make sure it is filled out **completely including City, Post #, State and zip code if eligibility is under a Veteran living** before processing into Department Headquarters. If a veteran is living they **must** hold membership in The American Legion.

**MAKE SURE THE POST OFFICER SIGNS APPLICATIONS.**

**UNIT CONTACTS:** If you don't print Spirit off for the Unit President, then in order for her to receive the Spirit, your Unit need to pay \$16.00 for a year's subscription, starting with the August Issue.

*Dates To Remember: 2014 Dates*

*National Convention:  
August 22-28, Charlotte NC*

*Dept. Membership Workshop:  
September 13th at Days Inn*

*Fall Conference Posted in Spirit*

*Commander Fred Buchanan  
Homecoming Saturday October 4th  
Huntington Post #29*

*President Paula Booth  
Homecoming Saturday October 25th  
Elkins Post #29*

**Department of West Virginia,  
I would like to take this opportunity to thank all of the 2013-2014 Department officers for such an amazing year, that will be forever in my heart and memory; To all the chairmen for doing everything I ask of them.: To our membership for a job well done. A thank you to Berkeley Springs Unit #60 and a special "Thank You" to Rachel Gray and Vickie Luttrell for being with me every step of the way. Good luck to Department President Paula Booth and all her team. I'm sure you'll have a great 2014-2015 year.**

**Debra Fox  
AKA "Diamond Debbie"**

DEPARTMENT HEADQUARTERS  
Office Hours: Monday-Friday  
**9:00-4:00**

Answering Machine and Fax  
available 24 Hours  
Office (304) 455-5007  
FAX: (304) 455 5825  
Toll Free 1-888-604-2242

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1251 Doolin Run Road  
New Martinsville WV 26155-7808**

Auxiliary Email:  
**alawvsec@frontier.com**  
Legion Email:  
**wvlegion@suddenlinkmail.com**

Auxiliary website: **www.wvvaux.org**

Rhododendron Girls State Website:  
**www.wvgirlsstate.org**

National Website: **alaforveterans.org**

## Fall Conferences

1st District  
Weirton Unit #10  
November 9th

3rd District  
No Report

4th District (Joint)  
Sistersville Post #67  
October 12th

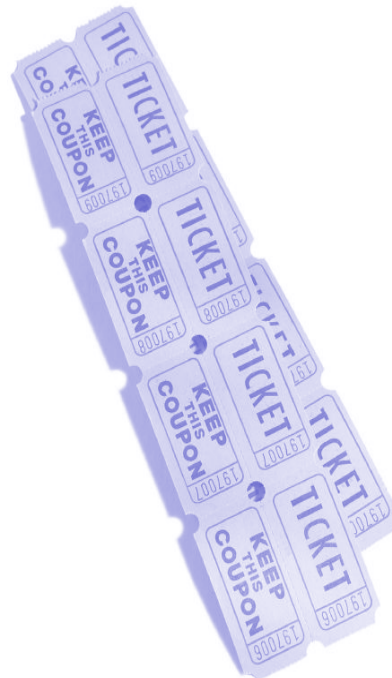
5th District (Joint)  
Ceredo-Kenova Post #93  
**Sunday** October 5th

6th District  
Beckley Unit #32  
September 27th

8th District  
No Report

9th District (Joint)  
Elkins Post #29  
October 25th

10th District (Joint)  
Charles Town #71  
October 18th



# "WELCOMING OUR MEMBERSHIP"

## Membership Chairman

### A new year has begun in Membership!

Our Membership Theme this year is:  
"Welcoming our Members."

Our Membership Symbols are:

*Department President-"Leader of the Greatful Hearts Band"*

*1st Vice President-"Tablet Writer"*

*2nd Vice President-"Torch Lighter"*

*Membership Chrm.-"Park Ranger"*

*Secretary-Treasurer-"Ticket Taker"*

*District Vice Pres.-"Tourist Guides"*

*Past Dept. Pres.-"Crowns of Wisdom"*

*Juniors-"Rays of the Future"*

*Divisions: 1,4,6,9-"Flames"*

*Divisions: 3,5,8,10-"Wigs"*

All Members-"Greatful Hearts"

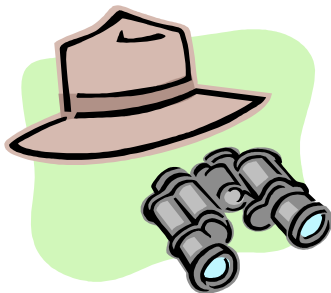
More will be mentioned at the Membership Workshop in Bridgeport on Saturday September 13th.

Continue working membership as you have until July 31st to be counted for the 2014 year.

New membership starts August 1st.

Until Next Month

Sharon Glassford aka "Park Ranger"  
Membership Chairman



## 1st Vice President

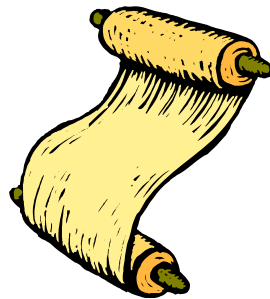
Hello Ladies!!

I want to thank all of you again for a great year! We still need to remember that dues can still be counted if they are in by July 31st.

Welcome to a new Membership year!!!

Our first Target date at 40% is August 15th. Our theme is "Welcoming Our Membership". As 1st Department Vice President, I am the Tablet Writer and Districts 3, 5, 8, and 10 are the "Wigs". Membership for 2015 can be processed beginning August 1st and new members on Sept. 1st. We need to start early in getting our renewals in and please do not Hold Membership. New target sheets will be in the next Spirit. I know we are going to have a great year...working together for our Veterans!

Susan Wade aka: "Tablet Writer"  
Department 1st Vice President



## 2nd Vice President

Hello Ladies,

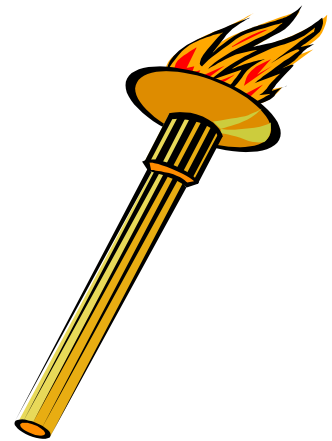
We had a very nice convention and it was great to see so many in attendances.

Thank you very much for electing me as your 2nd vice President. Our new Department President Paula Booth and Membership Chairman Sharon Glassford have a very meaningful and fun theme for us this year.

I am the "Flaming Torches" from the statue of Liberty and Districts 1,4,6,9 are the "Flames". There will be more in the next spirit about that. Our first Target date is August 15th so there is no time to waste. I'm counting on you to have **no zeroes** in your units by the August target date. We are going to be working very hard on membership so if all of your unit officers and chairman pay their 2015 dues, as soon as you have the new cards, we will have a fantastic start for this new year.

Thanks again for giving me this opportunity. I promise to do everything I can to help get our membership up in the Department.

Tammy Workman aka: "Torch Lighter"  
Department 2nd Vice President





### *First District President*

Ladies

I am glad to said that we had a good time at the Convention we just had. I was glad to see a lots of friends. we had some new for there first time. Hope they learn something to take back to there unit.

I would like to congratulate all the newly elected Department officers for 2014-15.

I am saying once again to the ladies that work with me in 2013-14, thank you all again for your helping me out.

I am looking forward to working with the Unit's and the 1st District officers and committees.

Please send in your new address to your membership chairman. She need them to send them in to Department to be updated in National.

Hope to get to visit some of the units in the District , and some of the other Districts.

Keep our Veterans and their families in are prayer,

Also keep Debbie Morgan grandson and Sharon Glassfords' husband in our prayer.

God Bless you all  
Donna K Leek  
1st District President

### *Third District President*

District #3  
It's "just me"

A productive year has ended with a great convention.

We are blessed with a new year of new programs, challenges and opportunities.

In the coming days we will be presenting another great membership program. I don't know where these ideas come from but they are always productive and fun. An enjoyable project with good friends will always bring good results. The bottom line is to build our organization so that we can better serve our veterans.

Looking ahead I will be glad to help anyway I can. I probably won't have the answers but I will find someone who has. There is a wealth of knowledge and experience in our organization that can be used to assist in our endeavors.

Yours in service  
Connie Bailey  
3rd District President

### *Fourth District President*

What a great convention we just had. For those of you who were unable to attend you missed a great time. It was good to see friends from all across this great state of ours, who have come together for the common purpose of supporting our Veterans.

This is a start of a new year: your first membership target is August 15, with 40%. Start collecting 2015 dues now, you should already have your Units new membership cards If your Unit didn't pick them up at Department Convention, they were mailed to your Membership Chairman.

On the second Saturday of September is our Workshop in Bridgeport. I think that every Officer in each Unit should attend, this is a great learning experience for all Unit members. So let's see how many Units in 4th District is represented at this Workshop. I hope to see 10 or more I will give a gift to the Unit in 4th District with the most members attending.

If you haven't mailed a list of your new Unit Officers yet, please do so soon I will need them before mail goes out for Fall Conference.

God Bless  
Until Next Month  
Nancy Sundstrom  
4th the District President

### *Fourth District Vice President*

Convention was very informative, I learned a lot.

Congratulations to Madam President Paula Booth.

Past Department President Debbie we appreciate everything you did.

Ladies keep digging we still have a goals to meet. Don't for get check your neighbors.....I picked up two new ones this past month, I was sitting on a "GOLD MINE" and didn't realize it. You will find interested people in the most unlikely places.

Until next month, enjoy the rest of summer, be safe and God bless.

Thank a Veteran.....  
Cathy Post  
4th District President

### *Fifth District President*

What a great convention we just had. For those of you who were unable to attend, you missed a great time. It was good to see friends from all across this great state of ours who have come together for the common purpose of supporting our veterans.

Congratulations to all of the newly elected Department officers. May you have a wonderful year. This year's President is Paula Booth and her vision for the future is uplifting.

I would like to also congratulate all of the newly elected officers to all units in the 5th District. I know the year ahead will be an exciting time for all. I will be visiting each unit in the very near future to share new things with you for the benefit of our veterans.

I would like to thank JoAnn Hastings, who is serving this year as 5th District Vice President. I look forward to working with her.

I want to highlight what each unit in the 5th District is doing on a monthly basis, so send me information about the latest project your unit is doing or even ongoing projects and I will put it in the Spirit to share with other units in our state. We work hard for our veterans and our community and I want to share it with the state.

The Membership Workshop will be the second Saturday in September in Bridgeport. The information and ideas the membership team is putting together promises to be fun and challenging. Hope to see you on Sept 13th. If you have any questions, feel free to give me a call at 304 -654-7750.

God Bless You and God Bless America!  
Beth Kilgore,  
5th District President

### *Fifth District Vice President*

Hello Ladies,

The American Legion Auxiliary convention for the Department of WV is over and now we are working on a new year. Our units of the Fifth District were very good in membership this year

We need to pull together and work a little harder. I would like all of our units to make Goal and I know we can. We need to dig-dig-dig.

If you need anything please let me know.

JoAnn Hastings  
5th District Vice President

### *Sixth District President*

Hello To Everyone!

I would like to thank Beckley Unit #32, and Gary Unit #38 for reaching Goal.

We are starting a new year, so maybe we all can be Goal Units. We still have until the end of July to get 2014 members.

Sorry that we lost Beckley Unit 370 out of our District. This leaves only with 4 Units in our District. One member has already transferred to Beckley Unit #32.

Rita Alley and I went to Beckley Unit #32 for their meeting in July at which I had the honor of installing their new officers.

I am sorry some of the Units didn't get to attend the Department Convention in Huntington, we had a great time. We had four members from Welch.

Ladies, please send me something your Unit does this year, so I can have it in the Spirit.

Hope everyone is having a great summer.

Say a prayer for our Veterans  
Peggy Swartz  
6th District President

### *Sixth District Vice President*

I have all the membership certificates for the Units in District 6th and I will give them all out to you at Fall District conference, September 27, 2014.

The 6th District Fall Conference will be at Beckley Unit #32.

I will give you a report also on the past Department Convention.

Thanks for all that you do for our Veterans.

"God Bless America"

Our Veterans made us free  
Rita Alley

### *Ninth District President*

Hello ladies,

I would like to thank all ladies of 9th District for my election as President.

I have attended all State conferences and Conventions for 12 years. However, this year's Department Convention was extra special for I was installed as 9th District President.

Getting ready for this year, we need to remember and attend the Department Membership Workshop on September 13th at Days Inn in Bridgeport.

We also need to attend the 9th District Fall Conference in Elkins on October 25. More information will be available later.

OH, OH, OH, - by the way-----our newly elected Department President, Paula Booth, will be having her Homecoming October 25 at Elkins Post 29, also.

Thank you and remember to work for our Veterans.

Marion Gregory  
9th District President  
Cell Phone 304-880-0937  
PO Box 882  
Cowen, WV 26206  
email contact - clod@frontiernet.net

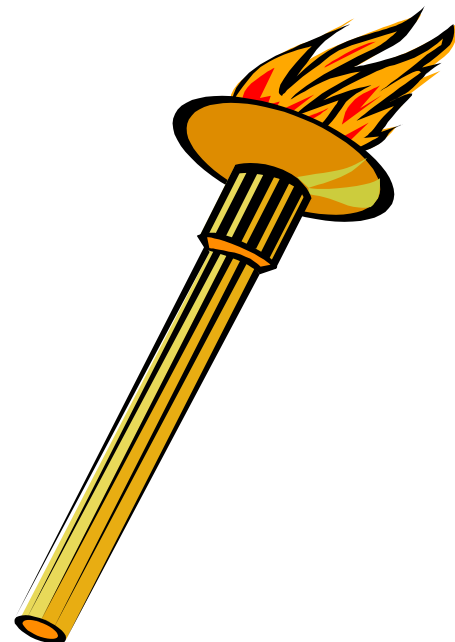
### *Community Service*

I want to thank President Paula for this appointment of Community Service and wish you a wonderful and successful year.

To Past President Debbie, I would like to thank you for the year you gave us and may your year as NEC be even more successful.

I hope all units and members will start right now in keeping track of your activities. I know it's hard especially when we are all so busy, but it sure is a lot easier to pull out a notebook at report time instead of trying to back track through memory, a lot of things get missed. If all Community Service Chairman can have your unit members do an activity sheet at least every other meeting then your job will be much easier when it's time for those year end reports. Be ever mindful of our Veterans while you are out doing your community service. Be free with smiles and always make time to stop and say Thank You. We are never to busy for that

Nancy Sundstrom  
Community Service



## *Junior Activities*

I am pleased to announce the Honorary Junior Officers for the Department of WV for the 2014-2015 year:

President-- Katie Beth Caudill:  
 1st Vice President-- Taylor Bush  
 2nd Vice President-- Despena O'Neill:  
 Secretary-- Lexi Nelson  
 Chaplain- Courtney King:  
 Historian-- Mary Grace Bannon

We had a busy convention and the girls learned how Parliamentary Procedure works through an exciting exercise involving food. Before ingredients could be added, someone had to make a motion and a second. We had a discussion and then voted. It was a wonderful and creative way to explain this process in a way where everyone could understand. The girls also participated in a team building exercise with the senior members and made poppies out of coffee filters. We had the absolute pleasure of meeting the Mayor of Huntington, Steve Williams, as he welcomed the girls and told them he was proud of their accomplishments and dedication to our veterans and their families. We began writing our Plan of Works and a completed plan will be available at the Fall Workshop in September. The Honorary President will be attending the National Convention in Charlotte and a full report will be in the next Spirit.

Thank you for all you do and please remember to continue to involve your Junior members in everything we do. Remember, they are the future of this organization and we must invest in our future now!

Laura Kilgore  
 Junior Activities Chairman



### **2014-2015 Honorary Junior Officers**

*President—Katie Beth Caudill*  
*1st V P— Taylor Bush*  
*2nd V P— Despena O'Neill*  
*Secretary— Lexie Nelson*  
*Chaplain— Courtney King*  
*Historian— Mary Grace Bannon*

## **TRAVELING PLAQUES AND AWARDS WON AT DEPARTMENT CONVENTION**

Americanism: Sally Arucri—Welch Unit #8  
 June Harbert—Charles Town #71  
 AEF: Ruth Yoho—Welch Unit #8  
 Carol Williams—Shinnston #31  
 Chaplain: Patricia Moore—Gary #38  
 Nina Mason—Romney #91  
 Children & Youth: Shirley Davis—Charles Town #71  
 Irene Weber—Huntington #16  
 Good Deed Award—Katie Beth Caudill #16  
 Community Service: Mary Ann Piatt—Welch #8  
 Imogene Kirkland—Shinnston #31  
 Education: Virginia Beaty—Ceredo-Kenova #93  
 Janet Durbin—Welch Unit #8  
 Field Service: Joyce Seamonds—Huntington #16  
 Girls State: Lillian Luttrell—Huntington #16  
 Betty Rea-Scrapbook—No One  
 Ann Buchanan—New Martinsville #28  
 History: Janet Culp—Pine Grove #81  
 Cash Award-Parkersburg #15, Huntington #16  
 Home Service: Paulette Anderson—Huntington 316  
 Junior Activities: Margaret Kercheval—Charles Town #71  
 Betty Shumate—Kirby #134  
 Legislative: Lynda Lancaster—Welch #8  
 Leadership: Marlene Bonar—Benwood #46  
 Marie Bailey—Moundsville #3  
 Most Members Completed Course: Huntington #16  
 Most Members in District: 1st District  
 Highest % in District: 5th District  
 Highest % in Unit: Buckhannon #7  
 Membership: Virginia Blake—Petersburg #78  
 Katena Karnes—Parkersburg #15  
 Recruit 3: Petersburg #78—Shirley Sprouse  
 First Unit in Each Class To Reach Goal:  
 10-50—Beckley #32  
 51-100—Petersburg #78  
 101-200—Clarksburg #13  
 201-400—Shinnston #31  
 401 & over—NO ONE  
 First Unit To Reach Goal in District:  
 1st—Pine Grove #81  
 3rd—Tie: Clarksburg #13 & Shinnston #31  
 4th—NONE  
 5th—NONE  
 6th—Beckley #32  
 8th—South Charleston #94  
 9th—Belington #96  
 10th—Petersburg #78  
 First District to Reach Goal—NONE  
 Unit Enrolled Most New Seniors Members: Parkersburg #15 (31)  
 Unit Enrolled Most New Junior Members: Martinsburg #14 (6)  
 First District to Organize New Unit: 3rd District  
 Unit in Each District With Most New Members:  
 1st—Moundsville #3 (12)  
 3rd—Shinnston #31 (20)  
 4th—Parkersburg #15 (31)  
 5th—Huntington #16 (7)  
 6th—Gary #38 (5)  
 8th—St. Albans (4)  
 9th—Elkins #29 (9)  
 10th—Charles Town #71 (23)  
 Music: (Last Plate) Ella Mae Short—Charles Town #71  
 National Security: Wilma Mayfield—Charles Town #71  
 Past Presidents Parley: Susan Brown—Capon Bridge #137  
 Norma Lee Clise— NO ONE  
 Timeless Award: Twyla Finley—Nina Mason (Kirby #134)  
 Unit Member of Year: Janice Gamerdinger—Wendy Bailes (New Martinsville #28)  
 Poppy: Lorena Jennings—Benwood #46  
 Brady Stone—Moundsville #3  
 Public Relations: Dianne McClung—Charles Town #71  
 Helen Kesler—Clarksburg #13 Scrapbook: Buckhannon #7  
 Unit President: Jerri Ritenour—Charles Town #71  
 Tallulah Simpson—Benwood #46  
 V A & R: Anna Jane Williams—Charles Town #71  
 Betty Burton—Clarksburg #13  
 Total Participation: Jessica Payne—Berkeley Springs #60  
 Ina Polsinelli—NO ONE Ways & Means Most Tickets Sold: Romney #91

## Chaplain

Hello Ladies

I hope everyone enjoyed the State Convention.

Congratulations to all the new Officers elected. I want to thank you for electing me as your Department Chaplain. I wish President Paula a very successful year.

I will bring to the workshop in September my plan of actions for 2014-2015 for all the 8 District Presidents to pick up, to give out to all the Units.

Please all Units go ahead and start writing prayers, so you will have several to send me for our Presidents Prayer Book. I would like to receive several by mid year and a lot by year end.

Thank you and may God be with you and our Veterans and keep you safe.

Ramona Westfall  
Department Chaplain



## National Security

I would like to thank President Paula for giving me this chance to be National Security Chairman for the year 2014-2015. This is a new committee for me so please bear with me. If I do something wrong, please feel free to let me know.

I am in the process of preparing the 2014-2015 Plan of Action for National Security. I will have it ready for Fall Workshop in September. In the mean time take the opportunity to thank a Veteran each time you see one. Without their sacrifice where would our country be.

For a sample the things you can do: give blood, plan a blood drive, work with the ROTC and JROTC in your local schools, or you can have a training exercise in CPR or First Aid. I will have more suggestions in the months to come.

If you need my help, please feel free to call me at 304-592-0247, or you can e-mail me at [carlajwilfong@yahoo.com](mailto:carlajwilfong@yahoo.com)

I hope to see you in September at Fall Workshop.

Carla Wilfong  
National Security Chairman

## Historian

Hello Ladies,

I am Rhonda Best, 2014-2015 Department Historian. I want to take this opportunity to tell you about myself. I am a divorced mother of 2 grown children. My son's name is Roger and he is 25 years old. He is currently in the Navy and is stationed in VA. He is married with 2 young children, a daughter and a son. My daughter's name is Brenda and she just turned 22 years old in July. She will graduate this coming December from West Liberty University.

I am employed at West Virginia Correctional Industries as an Office Assistant in the Print Shop @ Northern Regional Jail & Correctional Facility in Moundsville, WV. I also work as a bartender part time at the Post 3 Canteen.

I am currently starting my 2nd year as Unit President for ALA Unit 3. I am the Ways-n-Means Chairman for the Dept. as well as serving on the Standing Rules Committee. I have previously been the 1st District Chaplin, the Legislative Chairman for the Dept., Unit 3 Americanism Chairman, Unit 3 Secretary, and Unit 3 VA&R Chairman.

I have always been a patriotic individual. I volunteer every chance I get the opportunity to do so. I became a member of the American Legion Auxiliary because Veterans and their families are very important to me. I want to help them as much as possible because they sacrifice everything for our country. When I heard the words "FOR SERVICE NOT SELF" I knew this is how I feel.

I am honored to serve as your Historian this year and document everyone's events throughout the upcoming year.

I wish all members a very good year and please remember to forward your history to me.

God Bless and Thank you,  
Rhonda Best  
Department Historian

## Public Relations

I want to start by Thanking President Paula for this appointment. I hope she, her officers and committee chairs have a successful year. I also want to wish each and every unit a successful and rewording year.

This year we are going to Ring Our Bells in PR, Public Relations. Plan of Actions will be at the Fall work shop in Bridgeport, be sure to pick your units copy up. If your unit is not attending the work shop, please ask your District President for you units copy. There will also be information in the monthly Sprit newsletter.

Who are we? We are the "American Legion Auxiliary" and if you are including your local information, include your city name or unit name #xx. We are Units, **not Posts.**

Examples:

**American Legion Auxiliary, Charles Town, WV, Unit #71 or American Legion Auxiliary, Jackson-Perk, Charles Town, WV, Unit #71 or American Legion Auxiliary, Department of West Virginia.**

So when working your PR program please present us correctly. Any new paper articles, TV coverage, on your web sites, Facebook pages, Twitter, end of year reports or any other place that could be seen or heard by others.

Lisa Cadwallader  
304-725-1170 (h), 240-271-8385 (c)  
CADWALL1@Westat.com  
Public Relations Chairman

## Poppy

Hello Ladies,

I wish at this time to Thank President Paula for the opportunity to serve as your 2014-2015 Poppy Chairman

I will have the Plan of Works at the Fall Workshop. In the mean time use your poppies at every opportunity you can. Be sure to keep count of the number of poppies you use, number of hours and cost of the project.

I can be reached at PO Box 36 Gypsy WV 26361, by phone 304-592-1721 after 6:00 pm or email at: [mdyost2010@frontier.com](mailto:mdyost2010@frontier.com)

Hope to see everyone at Workshop!  
Margaret Yost  
Poppy Chairman



## Leadership

We need to cultivate leadership capacity by nurturing a culture of goodwill among all Auxiliary members and everyone with whom we interact.

Tips for Effective Leadership: Taken from

AMERICAN LEGION AUXILIARY  
2014-2015 PLAN OF ACTION  
HOW TO GUIDES LEADERSHIP

**Do Not Interrupt** - Be open-minded, and give members a chance to explain their point of view without interruption.

**Listen** - The act of listening takes work. Instead of focusing on what we want to say and our own needs, good listening requires that our attention go to others..

**Respect Others** - Respect for the whole person entails listening to others' opinions, their feelings, their time, even their physical space. At the core of respecting others is the "golden rule" — do unto others as you would have them do unto you.

**Practice Kindness, Generosity and Gratitude** - Make this a habit in your everyday life. Studies show that members who regularly engage in these acts live longer, healthier and happier lives. It's never too late to start, regardless of your age. Growing older does not give you the right to be inconsiderate.

**Nurture Social Relationships** - These have the capacity to generate happiness. Enrich your connections with other members by balancing Internet contact with phone calls and face-to-face visits, which are more personal forms of communication.

**Be Present/Pay Attention** - Pay special attention to whomever you are conversing with — don't be distracted by others or things. Listen only to them! (Give example of cell phones in center of table — whoever picks up first picks up the dinner bill!)

**Use Teachable Moments** – Do this with not only younger/newer members, but those who may have lost touch with what it means to be a civil member—teach them manners, respect and empathy when dealing with other members. Social skills are a more accurate predictor of future success than test scores. Help them to develop interpersonal skills and relationships by engaging them in conversations.

**Keep Your Cool** - Science tells us that nonassertive behavior is a health risk. On the other hand, being a bully is just as unhealthy as being a doormat. The key is to find that happy medium where you express your needs without intruding on others' needs, and do it in a calm and kindly way.

**Say Thank You** - Such a simple deed: the acknowledging of an act of service or kindness by just saying "thank you."

**Think Positively** - You know what they say about viewing a glass as half-full vs. half-empty. Studies show that those who think positively live longer and happier lives.

**Promote Decency** - Not only among members, but with everyone you encounter. You can have a direct impact on developing a transformation by setting an example — it can all start with you.

**Let's start the year off right. Please take the time to read each and try to follow them this year.**

Ann Buchanan,  
Chairman

## Education

Ladies,

We have just had a very enjoyable American Legion Auxiliary Convention, and its time again to start a new year. Education will once again be high on the list of priority of the Department.

Last year, West Virginia won 1st place in Central Division for the National Presidents, Children of Warriors scholarship. This year, with all your help, we will win more awards.

We need to focus on our place in the American Legion Auxiliary, and know who we are and what we are. We are **NOT** "Woman's Auxiliary of American Legion Post ?". We are the AMERICAN LEGION AUXILIARY, UNIT # ?. BE PROUD OF THIS. And please remember it. This year, no award will be given to anyone who does not use this.

Lisa Cadwallader, Linda Crumm and myself will give more information on the Nation Plan of Works.

Roxie Nicholson  
Education Chairman

## 2013-2014 Americanism

The Americanism essay contest winner "How can I show my pride in Being an American" was a 6th grader from Charles Town, WV. Jackson-Perks Unit # 71 was his sponsor. He received a very nice plaque from Department of WV.

The Americanism Chairman, Reba Honaker from Welch, Unit # 8 won first place with over all best report.

The Americanism Chairman, Ann Quinn from Jackson-Perks Unit # 71 won second place All was checked out by the judge committee.

Thanks to all Units who participated in Americanism and sent in your reports for the year 2013-2014.

Rita Alley

# BE A LEADER!!!





## Veterans Affairs & Rehabilitation

Thank you President Paula for the opportunity to continue serving in the Department as the Veterans Affairs & Rehabilitation Chairman. It is my pleasure to continue serving our veterans whose defense of our country allows us to continue to enjoy the freedom and privileges that we have always known.

I will bring the V A & R Plan of Works to the workshop/Board meeting in September. If any unit or District Chairman does not want to wait till September you can copy it off the National Organizations website now.

Another Thank You to Donna Leek of Pine Grove Unit 381 and your unit members for the donation you brought to the Huntington VAMC. You should get a thank you from Voluntary Services shortly.

Congratulations to Charles Town Unit #71, Clarksburg Unit #13, and Huntington Unit #16 for their veterans programs last year and winning the Awards and Plaques. Please all try to report next year or I should say this year 2014-2015.

Mary Waybright  
V A & R Chairman



## Rhododendron Girls State

It is an honor and pleasure to serve as Girls State Chairman; thank you President Paula for this appointment

It's not too early to be preparing for the 2015 years session.

I wish each of you a very successful upcoming year.

If you have any questions please feel free to contact me or your District Representative.

Lynda Lancaster  
Girls State Chairman

## Rhododendron Girls State Representatives

1st Dist. — Susan Brown  
2172 Grandview Rd.  
Moundsville WV 26041  
845-5122

3rd Dist. — Mary Jo Thomas  
RR6 Box 232  
Fairmont WV 26554  
366-2912

4th Dist. — Nancy Sundstrom  
1307 23rd Street  
Parkersburg WV 26101  
304-422-1263

5th Dist. — Katena Karnes  
721 10th Ave  
Huntington WV 25701  
525-5634

6th Dist. — Peggy Swartz  
P O Box 124  
Gary, WV 24836  
448-2394

8th Dist. — Mary Bess  
215 N. Pinch Road  
Elkview, WV 25071  
965-3192

9th Dist. — Paula Booth  
RR1 Box 222  
Belington WV 26250  
823-3251

10th Dist. — Lynda Lancaster  
PO Box 1037  
Ranson WV 25438  
676-3979

## West Virginias' Veterans Home

The American Legion Auxiliary Department of West Virginia sponsors a BINGO for the residents of the West Virginia Veterans Home on the second Wednesday of each month. We have an average of 45 residents that attend each month. We play ten BINGO games, serve refreshments, then we play ten more BINGO games. The Department allots \$80 each month to cover the cost of this monthly activity. The monthly volunteers from ALA Huntington Unit 16 are Peggy Roberson, Mary Waybright, Rhona Setliff, and Ann Buchanan. The BINGO prizes total \$150 with the additional funds coming from Huntington Unit 16.

At the July BINGO, we were joined by 2nd Vice President Susan Wade. She presented cards made by students from Paden City Elementary for a resident, Norbert Reif. Norbert is the veteran that makes all the poppies for the ALA Department of West Virginia.

Anyone that would like to join us for this monthly activity is welcome. Any additional donations to cover the cost would be appreciated as well.  
Peggy Roberson, Chairman



2014 May Ways & Means Winners

NAME	LOCATION	WINNING #	DATE	AMT PAID
Yvonne Sentner	Pittsburgh, PA	161	6/2/14	\$25.00
Brayleigh Scheuvront	Lumberport, WV	095	6/3/14	\$25.00
		397	6/4/14	
		973	6/5/14	
ALA Unit # 28	New Martinsville, WV	334	6/6/14	\$25.00
		560	6/7/14	
		861	6/9/14	
		899	6/10/14	
		758	6/11/14	
		631	6/12/14	
		727	6/13/14	
Marcelle Kidwell	Points, WV	837	6/14/14	\$25.00
		066	6/16/14	
		105	6/17/14	
		360	6/18/14	
Charlotte Meade	Fairmont, WV	332	6/19/14	\$25.00
Margaret Besaw	Falling Waters, WV	106	6/20/14	\$25.00
Dortha Parsons	Clarksburg, WV	190	6/21/14	\$25.00
		260	6/23/14	
		659	6/24/14	
		213	6/25/14	
Marka Hawkins	Moundsville, WV	056	6/26/14	\$25.00
		091	6/27/14	
Jan Carnahan	Valley Grove, WV	353	6/28/14	\$25.00
Karen Guzek	Cameron, WV	902	6/30/14	\$25.00

Children and Youth

What a wonderful convention and what a pleasure to see everyone from across the state. I would like to thank President Paula for this appointment and wish you a wonderful and successful year. To President Debbie, I would like to thank you for the year you gave us and may your year as NEC be even more successful.

It is not too early to be thinking about the holidays and how we can help the children and youth in our community. They are our tomorrow so we need to nourish and provide for them today.

As I write this article, Christmas is only 187 days away and we have many opportunities to show our children we care for and about them. The National organization has brochures on How to have a safe Halloween that is perfect to distribute to the elementary schools in your area. Thanksgiving and Christmas are perfect to help with food baskets that are distributed to families with children. And there is nothing like a smile on a child's face to know they have not been forgotten on Christmas morning. Get involved with The Angel Tree or the Salvation Army stocking program. If there is not a program in your area, you can check with you local schools to see who is in need and adopt a family. Although I have given you a few ideas for the holidays, let us not overlook what is right in front of us.

School will be starting soon and there a many children who do not have the necessary items to start the school year. I know a lot of schools provide the items they need once they have started but what a joy you could bring to a child (or several children) with **Operation Back Pack**. Take a back pack and fill it with school supplies and give it to a child in need. Once again, check with the school for a list of children in need. But I challenge you to think outside the box. Those "school supplies" could also be clothing or shoes that many children don't have to begin the school year. Think about what you can do to make a difference in the life of children in your community.

If you have any questions, or have suggestions that we can pass along to the other units in our state, please call me at 304-654-7750.

Beth Kilgore,  
Children & Youth Chairman



# MEMBERSHIP 2013-2014

# "MINING FOR GEMS"

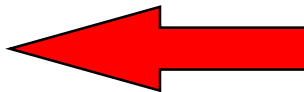
Target #12—July 15th—100%  
 Total to Date — 7238 (92.69%)  
 2014 National Goal — 7809  
 Headquarters Unit #200 — 90

July  
 15th

District 1	Unit	2014 Goal	2014	% of Goal
	Wheeling #1	13	NEW	
	Moundsville #3	308	300	97.40%
	McMechen #5	52	53	101.92%
	Weirton #10	77	75	97.40%
	Cameron #18	212	190	89.63%
	New Martinsville #28	141	135	95.74%
	Wellsburg #34	25	27	108.00%
	Follansbee #45	53	52	98.11%
	Benwood #46	107	94	87.85%
	Pine Grove #81	79	85	107.59%
	Paden City #86	114	108	94.74%
	Wheeling #89	30	31	103.33%
	Newell #114	43	44	102.33%
	Hundred #120	109	72	66.06%
	Chester #121	170	146	85.88%
<b>TOTALS</b>		1533	1412	92.10%



Goal—4059  
 To Date—3798  
 (93.57%)



District 3	Unit	2014 Goal	2014	% of Goal
	Buckhannon #7	66	56	84.85%
	Grafton #12	25	21	84.00%
	Clarksburg #13	134	138	102.99%
	Shinnston #31	302	302	100.00%
	Braxton Cty. #33	33	27	81.82%
	Mannington #40	21	18	85.71%
	Philippi #44	49	29	59.18%
	Bridgeport #68	59	42	71.19%
	Jane Lew #166	41	47	114.63%
	Morgantown #174	17	NEW	
<b>TOTALS</b>		747	670	90.90%

District 5	Unit	2014 Goal	2014	% of Goal
	Huntington #16	295	261	88.47%
	Logan #19	19	11	57.89%
	Ceredo-Kenova #93	460	413	89.78%
	Hamlin #111	53	51	96.23%
	Milton #139	83	84	101.20%
	Barboursville #177	151	162	107.28%
<b>TOTALS</b>		1061	982	92.55%

District 4	Unit	2014 Goal	2014	% of Goal
	Parkersburg #15	901	862	94.56%
	Spencer #21	64	54	84.38%
	Pt Pleasant #23	352	343	97.44%
	Tyler County #48	16	8	50.00%
	Sistersville #67	193	180	93.26%
	Parkersburg #104	21	10	47.62%
	New Haven #140	166	155	93.37%
	Williamstown #159	172	177	102.91%
<b>TOTALS</b>		1885	1779	94.38%



District 8	Unit	2014 Goal	2014	% of Goal
	Charleston #20	55	44	80.00%
	St Albans #73	91	65	71.43%
	South Charleston #94	21	21	100.00%
<b>TOTALS</b>		167	130	77.84%

District 6	Unit	2014 Goal	2014	% of Goal
	Welch #8	85	77	90.59%
	Bluefield #9	34	29	85.29%
	Beckley #32	31	35	112.90%
	Gary #38	71	71	100.00%
	Beckley #70	12	1	8.33%
<b>TOTALS</b>		233	213	91.42%



Goal—3558  
 To Date—3349  
 (94.16%)

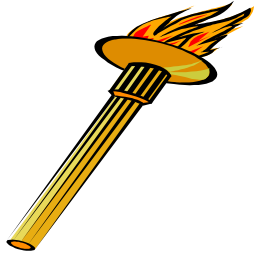


District 9	Unit	2014 Goal	2014	% of Goal
	Elkins #29	206	200	97.09%
	Cowen #62	61	45	73.77%
	Lewisburg #69	76	74	97.37%
	Belington #96	30	30	100.00%
	Richwood #97	24	22	91.67%
	Pickens #122	26	23	88.46%
<b>TOTALS</b>		423	394	93.14%

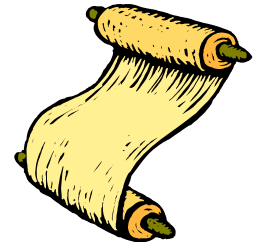
District 10	Unit	2014 Goal	2014	% of Goal
	Martinsburg #14	161	150	93.16%
	Franklin #30	19	9	47.37%
	Piedmont #52	44	55	125.00%
	Berkeley Springs #60	250	250	100.00%
	Moorefield #64	125	119	95.20%
	Charles Town #71	230	245	106.52%
	Petersburg #78	79	89	112.66%
	Romney #91	276	255	92.39%
	Charles Town #102	19	15	78.95%
	Paw Paw #128	71	69	97.18%
	Kirby #134	52	45	86.54%
	Ridgeley #136	108	98	90.74%
	Capon Bridge #137	114	125	109.65%
	Keyser #152	40	46	115.00%
<b>TOTALS</b>		1587	1568	98.80%



# American Legion Auxiliary Department of West Virginia



## August 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Mail Call	2
3	4	5	6	7	8	9
10	11	12	13	14	15 <i>Target #1</i> 40% Mail Call	16
17	18 <i>Spirit Messages Due</i>	19	20 <i>Spirit Out Hospital Checks mailed</i>	21 <i>Office Closed</i>	22 <i>National Convention</i>	23
24	25	26	27	28	29 <i>Office Closed</i>	30
31						



**Call To Department Fall Meetings  
September 12-13  
Days Inn Bridgeport WV**

This is a notice to all concerned about the Finance Committee Meeting and the Department Fall Executive Board Meeting. The purpose of these meetings are to set up the administrative year for our Department for 2014-2015.

**September 12, 2014—Friday      West Virginia Room**

1:00 pm—Finance Meeting—**The three members of the Department Finance Committee**

Department President—ex-officio member without vote

Department Secretary/Treasurer—ex-officio without vote

Purpose of this meeting is setting up budget for this administrative year to be ratified by the Department Executive Committee.

5:00 pm—Rhododendron Girls State, Inc. Executive Board Meeting—5 Board of Incorporators, Department President, 8 District Representatives, Girls State Finance Officer, Treasurer, Secretary, Registrar, Director and Assistant Director

7:00 pm—Membership Committee—**Department President, Department Secretary/Treasurer,  
Department Vice Presidents, District Vice Presidents**

**September 13, 2013—Saturday      West Virginia Room**

6:00 pm—American Legion Auxiliary, Department of West Virginia, Inc. Executive Board Meeting

According to Department Constitution: Article VII, Executive Committee:

Section 1: Department Executive Committee which shall be composed of the Department President, Department First Vice President, Department Second Vice President, Department Secretary/Treasurer, Department Chaplain, Department Historian, National Executive Committeewoman, the eight District Presidents, all Past Department Presidents, and Chairmen of all Standing Committees (Americanism, Auxiliary Emergency Fund, Children & Youth, Community Service, Constitution & Bylaws, Education, Finance, Girls State, Junior Activities, Leadership, Legislative, Membership, National Security, Past President's Parley, Poppy, Public Relations, Veterans Affairs & Rehabilitation and Ways and Means. (Bylaws, Article IV, Committees, Section 2).

Section 2: All members of standing committees, exclusive of the chairmen, may attend Executive Committee meetings **with the privilege of discussion with no vote.**

Section 3: Any member in good standing may attend the Executive Committee Meeting **with the privilege of discussion but without vote.**

**September 13, 2014—Saturday      Workshop      West Virginia Room**

Registration—8:00 am to 9:00 am (\$10.00) each      Session: 9:00 am to 4:00 pm

Purpose of this session is for instruction to Units/members/Officers and to announce the membership program for 2013-2014 year. There will be some different things for all to enjoy. **ALL AUXILIARY MEMBERS ARE ENCOURAGED TO ATTEND THIS WORKSHOP.** Good tool for learning if you want to help with leadership in your Unit, in your District and on Department level.

**Juniors will have meeting and activities planned for them also. Registration \$10.00 each held in Nathan Goff room next to West Virginia Room.**

**Travel Allowances:** Travel allowances will be paid by Department to **all Department Officers, District Presidents, Department Finance Chairman, and Department Parliamentarian** that attend Department Executive Board Meeting. They will be allowed one day per diem (\$60) plus (if eligible) mileage as per Standing Rule #1. If not spending the night will receive \$20.00 plus (if eligible) mileage. (as per Department Budget)

**District Vice Presidents** that attend the Membership Workshop. They will be allowed one day per diem (\$60) plus (if eligible) mileage. If not spending the night, will receive \$20 plus mileage. (as per Department Budget)

# RESERVATION FORM

The American Legion Auxiliary Fall Meetings  
Officers Training  
Department Fall Executive Board

DATE: September 13, 2014

PLACE: Days Inn — Bridgeport WV

COST: \$77.00 per night plus 12% tax

DEADLINE HOUSING DATE: **September 1, 2014**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_ UNIT & NUMBER \_\_\_\_\_

ROOM TYPE: Single (King-size bed)      Double (two full beds)

SMOKING \_\_\_\_\_ NON-SMOKING \_\_\_\_\_ HANDICAP \_\_\_\_\_

(Can't guarantee room will be next to another member—Handicap considered First)

ARRIVAL DATE \_\_\_\_\_ DEPARTURE DATE \_\_\_\_\_

CHECK # \_\_\_\_\_ AMOUNT \$ \_\_\_\_\_

NAME OF CREDIT CARD \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

CREDIT CARD NUMBER \_\_\_\_\_

*One night deposit is required for each room. Check or Credit Card accepted.*

MAIL RESERVATION TO: Days Inn  
ATTN: Cindy  
112 Tolley Street  
Bridgeport WV 26330

PHONE: (304) 842-7371

*Days Inn would like a list of names of those who are rooming with you and that this request form be into them.  
After this date all rooms will be provided on space available basis.*



**Department of West Virginia  
2014-2015 Commander's Homecoming  
October 4, 2014**

The Homecoming Dinner for the 2014-2015 Department Commander Fred B. Buchanan, 2014-2015 will be held on October 4, 2014 at The American Legion Huntington Post 16, 1421 6<sup>th</sup> Avenue, Huntington, WV at 6:00 PM with dinner at 7:00 PM.

**Cocktail Hour with Finger Foods starting at 6:00 PM**

**Menu**

**Beef Brisket or Parmesan Chicken**

**Parsley Potatoes**

**Vegetable Medley**

**Salad**

**Dessert**

**Coffee, Tea, or Lemonade**

Tickets will cost \$20 and will be available after July 25, 2014 from Ann Buchanan. Make checks payable to Ann Buchanan.

You can send check to Ann Buchanan  
105 Cheyenne Trail  
Ona, WV 25545

Reservation can be made by contacting Ann at:  
304-654-9932 or by email [AnnBuch@aol.com](mailto:AnnBuch@aol.com)

Hotel Rooms have been blocked at

**Hampton Inn, 177 Kinetic Drive (on 16<sup>th</sup> Street Road at I-64 Exit 11)  
at a rate of \$87 + tax and includes a hot breakfast.**

**Double Queen Beds or one King Bed are available.**

**Call 304-528-8800 for reservation – (American Legion Homecoming)**

**Rooms will be released to public on September 20, 2014**

State Newsletter "Auxiliary SPIRIT"

Purchase/Renew Your Subscription!

MAIL TO:

The American Legion Auxiliary
Department of West Virginia
1251 Doolin Run Road
New Martinsville WV 26155

Spirit is available: E-Mail—FREE
State Web Site—www.wvaux.org
Subscription—\$16.00 yearly
(Runs from August 1st to July 31st)

Make check payable to:
Dept. Treasurer, ALA

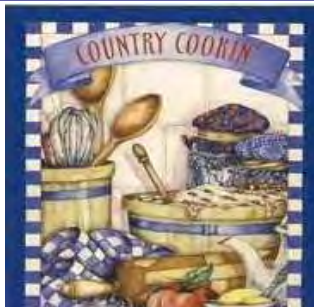
NAME: \_\_\_\_\_

STREET ADDRESS OR PO BOX: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL ADDRESS (FREE ISSUE) \_\_\_\_\_

WHO RECEIVES SPIRIT: Emailed to all Unit Contacts and any Unit Officers with an email address. It is emailed to All Department Officers, Department Chairmen, District Presidents/Vice Presidents, Past Department Presidents with emails. Spirits are posted monthly on the website: www.wvaux.org Unit Presidents with no email contact will receive a free copy.



Cookbook sales are an ongoing project that will continue to put much needed dollars into the Veteran's Fund. Get your cookbooks today! Buy some as gifts! The recipes are the best kind - Tried & True!

I want to purchase \_\_\_ cookbooks and have the cookbooks mailed to the recipients! \_\_\_ Cookbooks X \$15.00 = \$ \_\_\_\_\_ + appropriate postage (see below) \$ \_\_\_\_\_ = total of \$ \_\_\_\_\_ enclosed

I want \_\_\_ Cookbooks mailed to me ! (1 cookbook = \$5.00 postage. 2 to 6 cookbooks = \$11.00 total postage \_\_\_ Cookbooks X \$15.00 = \$ \_\_\_\_\_ + appropriate postage (see above) \$ \_\_\_\_\_ = total of \$ \_\_\_\_\_ enclosed

Make checks payable to:

Department Treasurer, ALA 1251 Doolin Run Road, New Martinsville WV 26155

Questions? Contact Department Headquarters 1-888-604-2242 or email alawvsec@frontier.com

Ordered by: Name \_\_\_\_\_

Address \_\_\_\_\_

Phone: \_\_\_\_\_ Email \_\_\_\_\_